



D.K. HEALTH AND WELFARE SOCIETY SADAK/ARJUNI

D.K. MAHILA MAHAVIDYALAYA KURKHEDA

Affiliated to Gondwana University, Gadchiroli.

<https://www.dkmmcollege.in>

CRITERION - V

Student Support and Progression

METRIC NO: 5.1.2

**METRIC NAME: CAPACITY BUILDING AND SKILLS ENHANCEMENT INITIATIVES
TAKEN BY THE INSTITUTION INCLUDE THE FOLLOWING**

Life skills (Yoga, physical fitness, health and hygiene)

INDEX

S.N	YEAR	Evidences
1	2021-2022	1) National Webinar on “Women’s Health and Wellness” 2) Free health check up camp 3) World health day 4) International yoga day
2	2020-2021	1) National Webinar – Ensuring Nutrition For All



D. K. Health & Welfare Society Run By
D. K. Mahila Mahavidyalaya,

Kurkheda Dist. Gadchiroli

Gondwana University Gadchiroli Affiliated
(Home Science Faculty)

Email : dkmcollege.kurkheda@gmail.com

Website : <https://www.dkmmcollege.in>

Contact : 07139-299298, 7767050619, 9049668334

President
Mrs. Rita A. Lanjewar

Secretary
Dr. Ajay S. Lanjewar

Offic. Principal
Dr. Pallavi L. Tagade


Outward No.DKMM/


Date :- 02/05/2023

Declaration

This is to declare that the information, reports, true copies and numerical data etc. furnished in this file as supporting documents is verified by IQAC and found correct.

Hence this certificate


Dr. Priya A. Sangole
IQAC Coordinator
D.K. Mahila Mahavidyalaya
Kurkheda- 441209


Dr. Pallavi L. Tagade
Offic. Principal
D.K. Mahila Mahavidyalaya
Kurkheda Dist. Gadchiroli

2021-2022

1) National Webinar on “Women’s Health and Wellness”

A one-day National Webinar on the occasion of International Women's Day was held at D.K. M. Mahavidyalaya, Kurkheda, on the topic of “**Women's Health and Wellness**”. Organized by Dr. Aruna Shende Asst. Prof., Department of Hs Biology, the national webinar was attended by 154 Participants including students, professors and researchers. Prof. Rita Lanjewar, secretary of S. Chandra Group of Institution, gave a brief introduction while the Officiating Principal Dr. Pallavi Tagade gave forward on webinar theme. **Chief Guest and speaker Dr. Neeraj Mahurekar, Sports Physiotherapist, Udaipur, Rajasthan** gave detailed information about women's health and guided women’s on how to stay healthy. Prof. Priya Sangole express vote of thanks to Dr. Neeraj Mahurekar for giving his valuable guidance and for being a speaker. Prof. Suraj Shende and Prof. Nitin Ghatbandhe, members of the organizing committee of the webinar collaborated very well.

D. K. Health and Welfare Society, Chichgarh, Gondia
D. K. MAHILA MAHAVIDYALAYA, KURKHEDA,
DIST. GADCHIROLI, MAHARASHTRA
Affiliated to Gondwana University, Gadchiroli, Maharashtra, India

One Day National Webinar
On
“ Women’s Health and Wellness”

Thursday, 25th March, 2021
12.00 PM



Prof. Rita A. Lanjewar
Presidant
D. K. Health & Welfare Society, Chichgad, Gondia



Dr. Neeraj Mahorekar
Chief Guest & Speaker
Sports Physiotherapist
Zinc Football Club, Udaipur, Rajasthan



Dr. Pallavi L. Tagade
Officiating Principal
D. K. Mahila Mahavidyalaya, Kurkheda



Dr. Aruna N. Shende
Convener & Organizing Secretary
Dept. of Hs Biology
D. K. Mahila Mahavidyalaya, Kurkheda



Prof. Priya A. Sangole
Vote of Thanks
Dept. of Food Science & Nutrition
D. K. Mahila Mahavidyalaya, Kurkheda



तरुण भारत

Purva Vidarbha | 2021-04-05 | Page- 8
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डी. के. महिला महा.त आभासी चर्चासत्र

मुख्येडा : येथील डी. के. महिला महाविद्यालयात नुकतेच 'महिलांचे आरोग्य आणि निरोगीपणा' या विषयावर एकदिवसीय राज्यस्तरीय चर्चासत्राचे आयोजन करण्यात आले होते. चर्चासत्राचे आयोजन तथा नियोजन जीवशास्त्र विभागाच्या सहायक प्रा. डॉ. अरुणा शेंडे यांनी केले. यावेळी प्रमुख पाहुणे व वक्ते म्हणून उदयपूर (राजस्थान) येथील डॉ. नीरज माहुरेकर होते. त्यांनी महिलांच्या आरोग्याविषयी मार्गदर्शन करीत निरोगी राहण्याचा सल्ला दिला. प्रारंभी संस्थेच्या अध्यक्ष प्रा. रिता लांजेवार यांनी संस्थेचा परिचय दिला. या चर्चासत्रात वेगवेगळ्या जिल्ह्यातील, राज्यातील १५४ विद्यार्थी, प्राध्यापक, संशोधक आभासी पद्धतीने सहभागी झाले होते. आभारप्रदर्शन प्रा. प्रिया सांगोळ यांनी केले. यशस्वीतेसाठी चर्चासत्र ऑनलाईन कमिटीचे मॅबर प्रा. सुरज शेंडे, प्रा. नितीन घाटबांधे यांनी सहकार्य केले.

2) Free health check up camp

Today 12 April 2022 on Tuesday. Department of IQAC, NSS and Extension Education of D.K.Mahila Mahavidyalaya Kurkheda Conducted free health check up camp. Dr. Rubina Sayani was present in this camp and treat gynecological problem, diabetics, and BP. She examined student, teaching and non teaching staff of college.

डी.के. हेल्थ & वेलफेयर सोसायटी द्वारा संचालित

डी.के.महिला महाविद्यालय कुरखेडा जिल्हा गडचिरोली

विस्तार शिक्षण विभाग, रासेयो विभाग & आय.क्यु.ए.सी.

आयोजित

मोफत आरोग्य तपासणी शिबीर

12 एप्रिल 2022

डॉ. रुबिना सायानी
B.H.M.S (CGO)

--- कार्य.प्राचार्या ---
डॉ.पल्लवी एल.तागडे
विस्तार शिक्षण विभाग प्रमुख

स्त्रि रोग समस्या
मधुमेह तपासणी

मोफत आरोग्य तपासणी शिबीर
डि.के.महिला महाविद्यालय कुरखेडा
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J5FW+98G, Dhamaditola, Maharashtra 441209



D. K. Health & Welfare Society Run By
D K Mahila Mahavidyalaya,
Gondwana University Gadchiroli Affiliated
Dhamaditola, Dist. Gadchiroli, MH

Email: dsmcollege.kukheda@gmail.com Contact: 7757050618 9246668834

President Mrs. Rea A. Lanjewar	Secretary Dr. Ajay S. Lanjewar	Chief Principal Dr. Pallavi L. Tagade
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Outward No 2022/ Date: 12.4.22

प्रती,

डॉ. रुबिना सायानी
B.H.M.S (CGO)
कुरखेडा

विषय — महाविद्यालयामध्ये आरोग्य शिबिर घेण्याबाबती उपस्थित राहण्याबाबत.

महोदया,

उपरोक्त विषयामध्ये आपणाम सविनय सूचित करण्यात येते की महाविद्यालयामध्ये दिनांक १२ एप्रिल २०२२ रोजी महाविद्यालयामध्ये आरोग्य शिबिर आयोजित करण्यात येत आहे. तरी आरोग्य शिबिर घेण्याकरिता आपणाम महाविद्यालयात उपस्थित राहून विद्यार्थीनींनीचे तसेच उपस्थित व्यक्तींचे आरोग्याची तपासणी करण्यात यावी.

तरी आपण सतर आरोग्य शिबिराम आपली अनुमती प्रदान करून विशेष उपस्थिती दर्शवावी.

हि विनंती.


Dr. Rubina Sayani
Dr. Rubina Sayani
B.H.M.S, CGO
Regd. No. 66018
ठिकाण — Mo. No. 7066742236

મોખલ આરોગ્ય તપાસની શિબિર

દિ. 12-04-2022

ક્ર.ક.	પેશાંતર નામ	લિંગ	વય	ગાવ	વનન
1)	સમિતા દાનંજય કોબે	સ્ત્રી	19	કુમ્હીટોલા	42
2)	વૈભાવી પરમરામ કોલે	સ્ત્રી	19	ગુરનોલી	42
3)	ભરીલા અગવાનદાસ ટેંગુ	સ્ત્રી	19	માંદાલી	55
4)	મિનીલા અરસાંત ઠલાલ	સ્ત્રી	19	નવરગાંવ	34
5)	હોળાલી રિશાન કિરતમ	સ્ત્રી	18	નવરગાંવ	47
6)	આયલી રાનુ સોડામ	સ્ત્રી	19	ગેવદા	50
7)	સંતોષી રમેશ કાદે	સ્ત્રી	19	ચરકાડ	32
8)	પુનમ મનોદર મચ્કે	સ્ત્રી	19	અગવાનપુર	35
9)	પલ્લવી મનોદર મચ્કે	સ્ત્રી	18	અગવાનપુર	34
10)	માતલ મનોદર શાલે	સ્ત્રી	19	પરમટોલા	50
11)	દક્ષીના રાધેલાલ કપુરડેરીયા	સ્ત્રી	20	દામદીટોલા	44
12)	બક્ષી ખુલ્લંદ મઠાવી	સ્ત્રી	20	ડિમ્પટોલા	42
13)	કલ્યાણી અંજય કુકે	સ્ત્રી	21	બેરટોલા	43
14)	ચેતના ધર્મરાવ કોડાપ	સ્ત્રી	21	રામવાહી	39
15)	દેવીગા મહાદેવ પરા	સ્ત્રી	21	ધુરી	34
16)	અમુ પ્રમાકર ડુમાને	સ્ત્રી	21	અગવાનપુર	52
17)	દિપાલી રામજી ધુલાવી	સ્ત્રી	21	અગવાનપુર	56

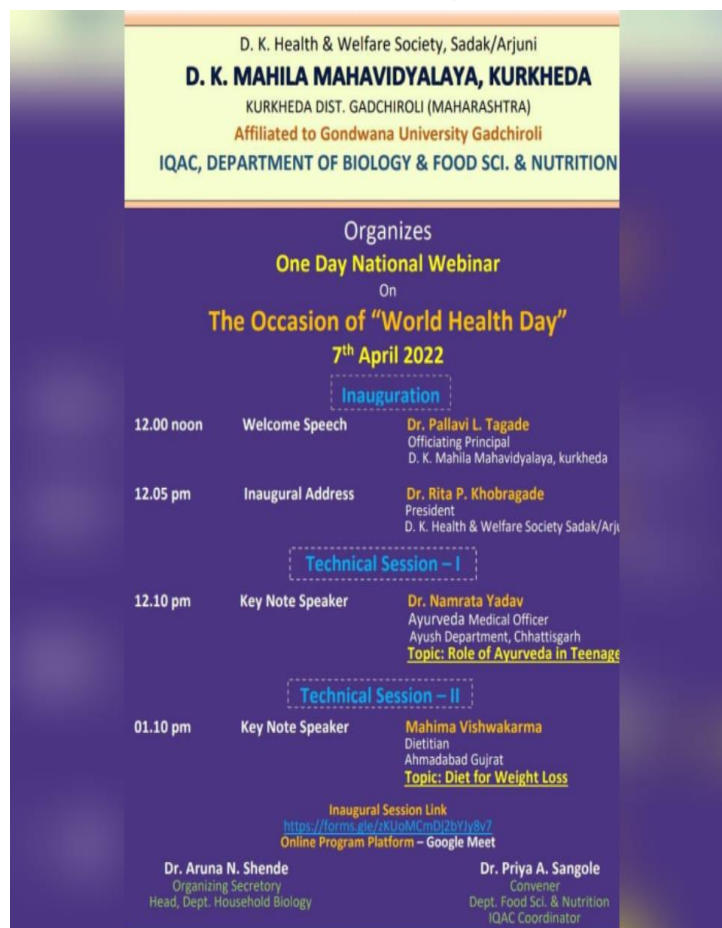



Officiating Principal
 D.K. Mahila Mahavidyalaya
 Kurkheda Dist. Gadchiroli

3) World Health Day

One Day National Webinar On occasion of “World Health Day” Entitle: - “Role of Ayurveda in Teenage”

A one-day National Webinar on the occasion of International Women's Day was held at D.K. M. Mahavidyalaya Kurkheda on the topic of “**Role of Ayurveda in Teenage**”. Organized by Department of Hs Biology & Dept. of Food Science and nutrition. The national webinar was attended by 105 Participants including students, professors and researchers. Prof. Rita Lanjewar, secretary of S. Chandra Group of Institution, gave a brief introduction while the Officiating Principal Dr. Pallavi Tagade gave forward on webinar theme. **Chief Guest and speaker Dr. Namrata Yadav, Ayurveda Medical Officer, Ayush Department, Chhattisgarh** gave detailed information about Role of Ayurveda in Teenage and guided women's on how to stay healthy. Dr. Priya Sangole express vote of thanks to Dr. Namrata Yadav for giving his valuable guidance and for being a speaker. Prof. Suraj Shende and Prof. Nitin Ghatbandhe, members of the organizing committee of the webinar collaborated very well



The poster is for a one-day national webinar titled "The Occasion of 'World Health Day'" held on 7th April 2022. It is organized by D. K. Mahila Mahavidyalaya, Kurkheda, which is affiliated to Gondwana University Gadchiroli. The event is part of the IQAC, Department of Biology & Food Sci. & Nutrition. The program includes an inauguration at 12:00 noon with a welcome speech by Dr. Pallavi L. Tagade and an inaugural address by Dr. Rita P. Khobragade. There are two technical sessions: Technical Session - I at 12:10 pm with a key note speaker Dr. Namrata Yadav on the topic "Role of Ayurveda in Teenage", and Technical Session - II at 01:10 pm with a key note speaker Mahima Vishwakarma on the topic "Diet for Weight Loss". The poster also provides an inaugural session link and the online program platform (Google Meet). The organizing secretary is Dr. Aruna N. Shende and the convener is Dr. Priya A. Sangole.

D. K. Health & Welfare Society, Sadak/Arjuni
D. K. MAHILA MAHAVIDYALAYA, KURKHEDA
KURKHEDA DIST. GADCHIROLI (MAHARASHTRA)
Affiliated to Gondwana University Gadchiroli
IQAC, DEPARTMENT OF BIOLOGY & FOOD SCI. & NUTRITION

Organizes
One Day National Webinar
On
The Occasion of "World Health Day"
7th April 2022

Inauguration

12.00 noon Welcome Speech **Dr. Pallavi L. Tagade**
Officiating Principal
D. K. Mahila Mahavidyalaya, kurkheda

12.05 pm Inaugural Address **Dr. Rita P. Khobragade**
President
D. K. Health & Welfare Society Sadak/Arjuni

Technical Session – I

12.10 pm Key Note Speaker **Dr. Namrata Yadav**
Ayurveda Medical Officer
Ayush Department, Chhattisgarh
Topic: Role of Ayurveda in Teenage

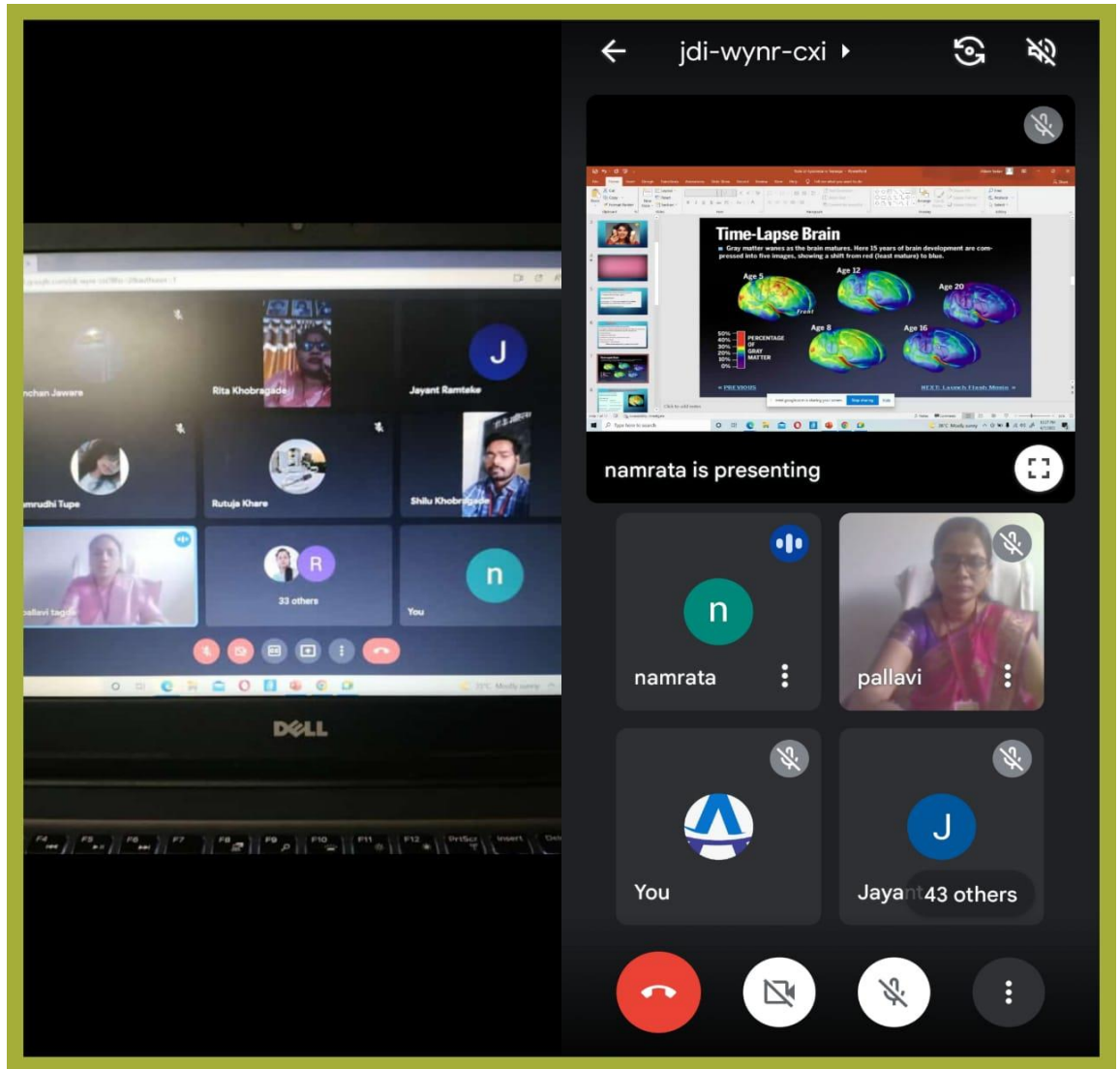
Technical Session – II

01.10 pm Key Note Speaker **Mahima Vishwakarma**
Dietitian
Ahmadabad Gujrat
Topic: Diet for Weight Loss

Inaugural Session Link
<https://forms.gle/sKJqMcM02bYy8v7>
Online Program Platform – Google Meet

Dr. Aruna N. Shende
Organizing Secretary
Head, Dept. Household Biology

Dr. Priya A. Sangole
Convener
Dept. Food Sci. & Nutrition
IQAC Coordinator

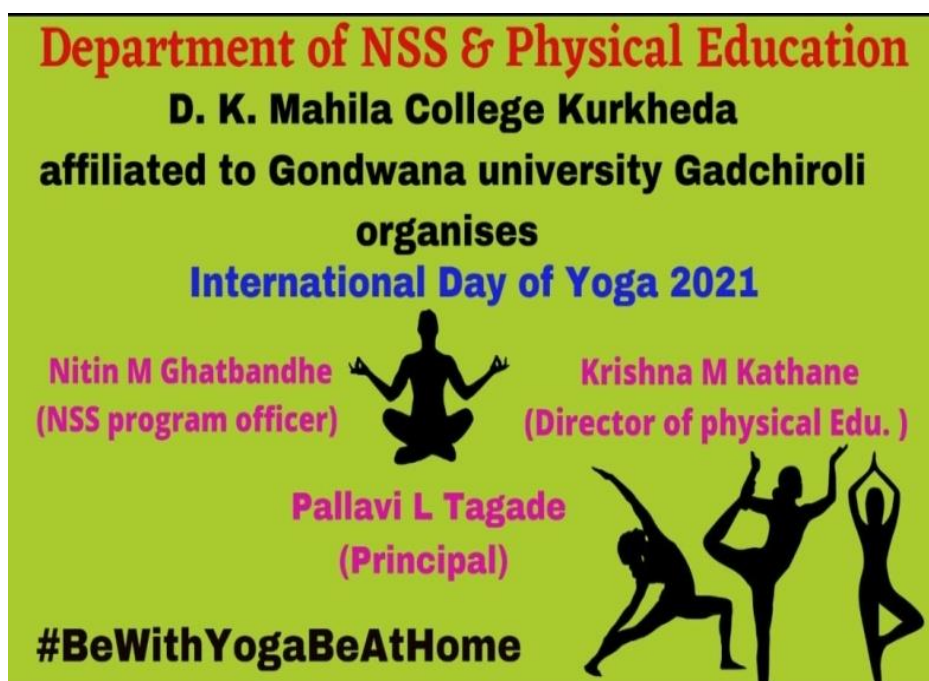


[Signature]
Officiating Principal
 D.K. Mahila Mahavidyalaya
 Kurkheda Dist. Gadchiroli

4) International yoga day

Today 21/06/2021. A one day State level workshop was conducted by the department of chemistry and NSS at D. K. Mahila Mahavidyalaya Kurkheda on the occasion of International yoga day. Mrs. Namita Bangre madam and Mrs. Mina Anvani madam, yoga teacher was present as a keynote speaker of this webinar. Hon'ble Professor Rita Lanjewar Madam, President of the institute, support this workshop. The introductory speech of this workshop was made by Dr. Pallavi Tagade, officiating principal of the college .The program was organized by Prof. Nitin M. Ghatbandhe, while the guests were introduced by organizer of workshop Assistant professor Krishna M.Kathane .The vote of thanks was given by Assistant professor Nitin Ghatbandhe. All the faculty and teaching staff collaborated for the event as well as participated in the workshop.This workshop was attended by 17 participants. Webinar was taken on google meet.

Google Meeting Link; <https://meet.google.com/pwb-ccbm-ovb>



10:01 PM

4G 45



Select 1 to 6 photos




Screenshots



Jun 21 | Meet




Officiating Principal
D.K. Mahila Mahavidyalaya
Kurkheda Dist.Gadchiroli

2020-2021

1) National Webinar – Ensuring Nutrition For All

Today on Monday 7th September 2020, an online webinar was conducted by the Department of Food and Nutrition at D.K Mahila Mahavidyalaya, kurkheda on the occasion of National Nutrition Week. Dr. Vaishali Dhanvijay Professor of Home Science Department, Sant Gadgebaba Amravati University was present as the main keynote speaker of the webinar and the chairperson of the program, Hon. Prof. Rita Lanjewar madam was present. Dr. Vaishali Dhanvijay the keynote speaker of the program, gave detailed guidance on attending the webinar on Ensuring Nutrition for All. Speaker answered the questions of the attendees and resolved the issues regarding health and nutrition. A total of 1800 persons were registered for this webinar out of which 800 persons attended the webinar.

D. K. Health and Welfare Society, Chichgarh, Gondia.
D. K. MAHILA MAHAVIDYALAYA, KURKHEDA, DIST. GADCHIROLI, MAHARASHTRA.
Affiliated to Gondwana University, Gadchiroli, Maharashtra, India

One Day National Webinar
On
“Ensuring Nutrition for All”
Monday, 07th Sept. 2020
12.00 to 02.00 PM

 Prof. Rita A. Lanjewar President D. K. Health & Welfare society, Chichgarh, Gondia	 Dr. Vaishali P. Dhanvijay Chief Guest & Speaker Dept. of Home Science Sant Gadge Baba Amravati University, Amravati	 Dr. Pallavi L. Tagade Officiating Principal Dept. of Extension Education D. K. Mahila Mahavidyalaya, Kurkheda
 Prof. Priya A. Sangole Convener Dept. of Food Sci. & Nutrition D.K. Mahila Mahavidyalaya, Kurkheda	 Dr. Aruna N. Shende Host of Webinar Dept. of Biology D.K. Mahila Mahavidyalaya, Kurkheda	 Prof. Nitin Ghatbandhe Vote Of Thanks Dept. of Chemistry D.K. Mahila Mahavidyalaya, Kurkheda

***Note:- One hour before start the webinar, link will be share with password & ID for login and joining meeting of the Webinar**



Zoom

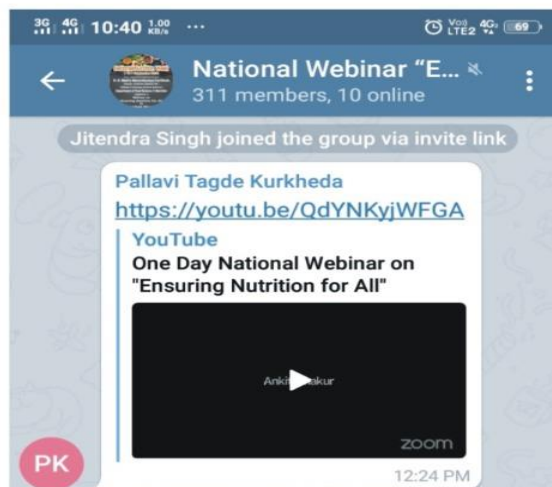
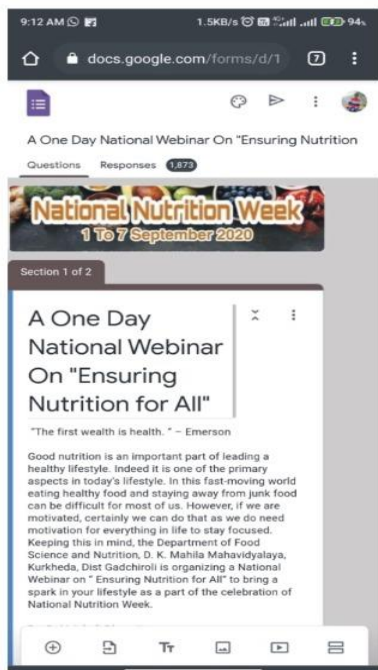
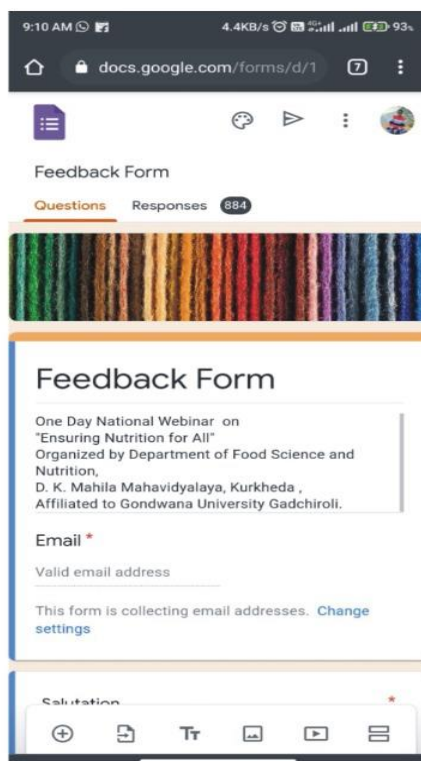
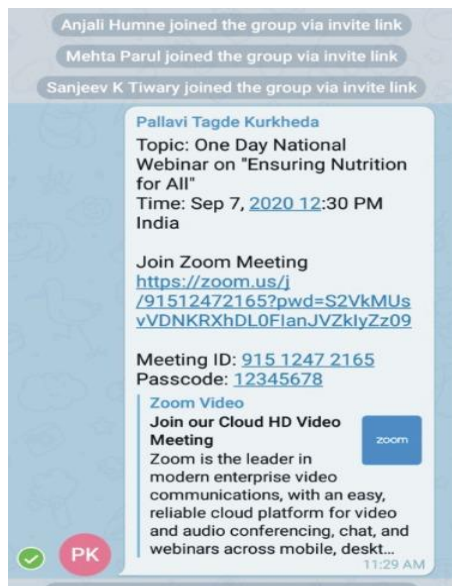


Leave

REC

LIVE





Pallavi Tagde
Officiating Principal
 D.K. Mahila Mahavidyalaya
 Kurkheda Dist. Gadchiroli